

P-SHOTS: ERECTILE DYSFUNCTION TREATMENT

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As the beach bod season comes to a shivering halt, so too does your package. I wouldn't say I've ever been particularly ashamed of my carnal capabilities but I doubt I'm the only one that suffers from a bout of insecurity every now and then, especially after the COCKtail mix of substances we ingested over the Mardi Gras weekend...

If you asked me a year ago, I would have sworn on Ryan Reynold's life that no effing way was anyone coming anywhere near my business with a needle, no matter what the benefits. Dealing with those snaky STI check doctors coming at you with a cotton bud once every few months is more than my poor fluttering heart can handle. So trust me when I say, I'm more shocked than anyone to announce that I have recently become possibly the most avid preacher of ... (drum roll please) **The P shot.**

The P Shot is an injection designed to improve male sexual performance, enhance appearance and firmness of erection, and heighten sensation using platelet rich plasma (PRP). Before I had mine done, two of my closest people had had one, a third had an appointment booked and a good many more were, like me, seriously considering it. It wasn't long before one of the 'seriously considering it' and myself decided to give it a go.

We went in with high hopes. Our friends had raved about it so zealously, it was hard not to. We went to Géniale, a Drummoyne-based medical laser and cosmetic surgery company, with sweaty palms and tingling shafts; excited, nervous and grimacing with low-key disbelief about what we were going to do to our beloved little friends. Dr Mike Shenouda was to be the designated doctor in charge of the future of our manhood for the next hour or so. He was friendly and kind and without a hint of that sadistic leer favoured by sexual health professionals brandishing cotton buds. His explanation of the process and reassurance that it was a simple, easy procedure instantly put our nerves at ease.

We went into separate rooms, bidding each other farewell with the types of hugs and kisses bestowed on soldiers about to embark on a perilous journey. We needn't have been so worried. The most difficult part was filling out the paperwork then all Dr Mike did was apply a numbing cream to my little soldier, extract a blood sample from arm and inject it into my cock. It was all over in a matter of minutes. Filling out the necessary paperwork was the most difficult part - the procedure itself was over in a matter of minutes. I didn't even feel a thing.

The best thing about the P shot is its all natural. It uses the plasma from your own blood to stimulate growth, healing and rejuvenation. Although it's designed to improve sexual performance and sensation, P shots are also often used to treat erectile dysfunction due to prostate cancer, surgical and drug side effects, and diabetes.

Within a week, we were back to normal, minus the occasional attack of insecurity. Our new and improved erections were now beautiful throbbing beacons of stamina, performance and pleasure and quite frankly, they haven't had much downtime since ;)